



Choose Day

By Ian Menzies

Friends of mine with two young teenage children are both working parents. Mum and Dad alternate with household duties on a fairly regular basis, and they share equally in meal preparation and cooking.

Tuesdays are particularly busy for both, and so by default have become the day when 'bring in' meals are the quick and easy solution. Fish and chips, a burger or chicken selection from a major chain, Thai, Chinese and Italian all feature as possibilities, with even more alternatives on offer just a slightly further distance away. Spoilt for choice, the only issue is the decision making. So an in-house rule has developed. The kids alternate to choose the theme for the night, but whatever had featured

in the last two choices can't be repeated, ensuring a suitable variety of fare can be enjoyed over time.

'I like mum's cooking, and dad's barbecues, but Choose Day is best!' reported one teen gleefully. The wry smiles gave away the obvious pun. 'Tuesday' had taken on a whole new meaning. Perhaps we all could adopt a similar challenge. What can we choose to improve on our next 'Tuesday'?

Could we choose to contact a friend we know is often lonely, or choose to support a local charity or outreach? Could we choose to write that letter or choose to set aside some time for prayer? We, too, are spoilt for choices. May your next Choose Day be indeed something special and rewarding.

Reflection:

So whoever knows the right thing to do and fails to do it, for him it is sin.

James 4: 17

www.victas.uca.org.au/resources | Photo by Thitaree Sarmkasat | May 2021

Bequest

Remember the Church in your will.

A bequest will help continue to work of the Church long after you're gone. There are many ways a bequest can help the work of the Church - whether for a specific cause that's dear to your heart, for a specific congregation or for the general purposes of the life of the Church.



Want to know more?

Speak to your solicitor or financial advisor, or visit the Synod's website:

www.victas.uca.org.au