# STAYING POSITIVE

By Geoff Serpell

Particularly while we are affected because of the Covid pandemic, we can easily get into an impossible situation. Why? Sometimes it is because of our own actions, while it could be because of someone else's poor choice of decisions.

The reasons may be either due to ill health or otherwise an accident where no one can be blamed.

Experiencing hardship can make us bitter quite easily, but it can also make us better people. Some of us get angry while others are forgiving.

Knowing of such people, one should not be ready to pass judgment on them or their circumstances.

We have all experienced hard times at one stage or another and survivors are usually spiritually optimistic that things will turn around.

We should try to find positives and think of others worse off, rather than becoming sorry for ourselves. Turning to God is a good solution; letting go and letting God is a great maxim.

Prepare to be positive in your outlook and deepen your relationship with God.

#### Reflection:

Change what we can, accept what we cannot change and pray for wisdom to know the difference

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