Self-assessment for risk of coronavirus (COVID-19)

Have you returned or arrived from overseas travel in the past 14 days?

– **YES** – **Do not attend work and self-quarantine for 14 days after arriving in Australia**

NO

Have you been in CLOSE contact with a confirmed case of COVID-19?

CLOSE contact is defined as:

- spending more than 15 minutes face-to-face with a person who is a confirmed case, in the 24 hours before they showed symptoms or once they showed symptoms
- sharing a closed space for more than two hours with a person who is a confirmed case, in the 24 hours before they showed symptoms or once they showed symptoms.

– **YES** – **Self-quarantine for 14 days from the last day of contact with the confirmed case**

NO

Are you ill in hospital with pneumonia?

– **YES** – **The hospital will arrange testing and appropriate care**

NO

Do you have a fever and an acute respiratory infection and are a resident in a residential aged care facility?

– **YES** – **Your GP will arrange testing and appropriate care**

NO

Are you experiencing fever or respiratory symptoms?

– **YES** – **Testing is not recommended for you at the current time unless you have returned from overseas in the past 14 days**

NO

You do not need to self-quarantine or be tested for COVID-19

If you are unwell with any other illness your doctor will assess and manage you in the normal way.

If you have a fever or respiratory symptoms*:

Ring the COVID-19 24-hour hotline 1800 675 398, or a GP or emergency department, to arrange for testing and appropriate care

If you test positive

You will receive care at home or in hospital depending on the severity of your illness

If you test negative

If you were in self-quarantine continue to self-quarantine for the remainder of the 14 days

Additional information for healthcare workers and residential care workers

In addition to the above steps, the following information applies to healthcare workers and residential care workers who have direct contact with patients or residents.

If you have an influenza-like illness, which is a fever above 37.5 and symptoms of an acute respiratory infection (shortness of breath, cough, coryza and/or sore throat):

- **do not go to work**
- **ring the COVID-19**, **24-hour hotline 1800 675 398**, or a GP or emergency department, to arrange for testing and appropriate care.

If you test negative you can return to work when well, at the direction of your treating doctor.

A healthcare worker who has worn appropriate personal protective equipment while treating a patient does not become a close contact as a result of that care. They may be a casual contact as a result of that care so should monitor themself for 14 days.

*The most common symptoms of COVID-19 are fever, cough, shortness of breath, muscle pain and fatigue.

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