

HEALING TAKES PATIENCE

By Bill Pugh

I have been disabled by a fall and my back has a fracture.

I am told it will take weeks to heal.

The back is a vital structure for mobility and so I get around with a stick and, when outside, a wheelchair.

Paul knew the effect of pain in his body. He suffered from what he called his thorn in the flesh.

But he kept on his missionary witness, travelling on foot to many places.

Our Lord knew the disability caused by suffering.

On the cross he suffered terribly but he still could care for his mother and told John, his beloved disciple, to care for her.

How fortunate are we today to have medicinal care for our injuries.

Thanks be to God for the wonders of modern medicine and his gift of healing.

We need the virtue of patience to allow healing to take place.

Reflection:

The psalmist praised our healing God for his loving kindness and tender mercies.

I have found inspiration as I meditate on Psalm 103.

I pray for my healing and a measure of patience to allow healing to take place.

Please read the Psalm in meditation as you remember all in need of our healing God.

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