



Seeing The Stars

By Ian Menzies

"Two men gazed through prison bars; one saw mud and one saw stars." This phrase, new to me but quoted in a book I was reading as an 'old expression', brought to mind other lines from an old George Herbert hymn, "A man that looks on glass, on it may stay his eye; or if he pleaseth, through it pass, and then

the heaven espy." Both sentiments encourage us to take a positive attitude, to look for the good and not dwell on the mundane. In the midst of various life dramas, a friend's mother would often ponder aloud, *"I wonder what God will make of this?"* Usually it was something quite significant indeed.

Reflection:

"Teach me, my God and King, in all things thee to see; and what I do in anything, to do it as for thee."
George Herbert, 1593-1633